

# Understanding APC POLST (Utah) and POST (Idaho) Summary View

Caregivers Impacted: All Caregivers Implementation Date: July 9, 2020

#### What Is Changing

Intermountain has created a new centralized process to help caregivers know, share, and honor the healthcare wishes of the patients we serve. The Advance Care Planning (ACP) Dashboard is a third-party storage and retrieval system for all ACP documents stored in iCentra. The dashboard provides all caregivers with a single easy way to locate documents in the patient record and allows electronic creation of the UT - Provider Order of Life Sustaining Treatment Orders (POLST) and ID - Physician Orders for Scope of Treatment (POST).

## Why It Is Changing

To provide all caregivers with an easy and reliable way to create, locate and share ACP documents across the system while finding a simple way to quickly know if a patient has a document on file.

### **POLST Summary View**

The POLST summary is found in the top section of the ACP Dashboard. It can be used as a quick reference for some decisions outlined in the POLST form including Cardiopulmonary Resuscitation, Medical Interventions, Artificial Fluids & Nutrition, and Antibiotic & Blood products.



#### Cardiopulmonary Resuscitation

Patient is not breathing and/or does not have a pulse

a. **Do Not Resuscitate/DNR:** Allow Natural Death (No Code/DNT/DNAR): No CPR or advanced cardiac life support interventions.



b. **Attempt Resuscitation:** Provide CPR (artificial respirations and cardiac compressions, defibrillation, and emergency medicine as indicated by the medical condition)



c. N/A: Section not completed



#### **Medical Intervention**

Patient has a pulse and is breathing

a. Comfort Measures Only (Allow Natural Death): Use medications by any route, positioning, wound care and other measure to relieve pain and suffering. Use oxygen, oral suctioning and manual treatment of airway obstruction. Reasonable measures are to be made to offer food and fluids by mouth. Transfer to higher level of care only if comfort needs cannot be met in current location.



b. Limited Additional Interventions: In addition to the care described above, you may include cardiac monitoring and oral/IV medications. Transfer to higher level of care (e.g. from home to hospital) and provide treatment as indicated in Cardiopulmonary Resuscitation section. Do not admit to Intensive Care.



c. Full Treatment: Aggressive interventions, in addition to the care described above and in Cardiopulmonary Resuscitation section, you may include other interventions (e.g. dialysis ventricular support)



d. N/A: Section not completed



# Artificially Administered Nutrition and Fluids

a. Artificial Nutrition by Tube: Includes feeding tube and IV fluids



b. Defined Trial Period of Artificial Nutrition by Tube: As designated in POST



c. No Artificial Nutrition by Tube: Includes feeding tube or IV fluids



# d. N/A: Section not completed



# **Contacts**

iCentra Users: Contact your local CTIS Adoption and Support Analyst or call x-3456 option 2.

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